

# Lacombe Figure Skating Club

## ICE ETIQUETTE FOR STARSKATERS

### WHAT IS ETIQUETTE?

Etiquette is any special code of behaviour or courtesy. At every level of skating, it is important that skaters follow a few basic rules to ensure safety, enjoyment and productivity.

### ICE USAGE AND SKATER BEHAVIOR

1. Common sense is a must!
2. Be aware of other skaters. Please move if you see a skater coming towards you preparing to do a jump. Some jumps have specific patterns and can only be done in a few spots.
3. Be polite. Yelling on the ice is inappropriate.
4. No profanity! Skaters using foul language will be asked to leave the ice.
5. First right-of-way is given to coaches/skaters in a lesson. Following that, right-of-way is given to skaters whose music is being played.
6. Skaters are expected to be on the ice for the complete session.
7. Visiting friends during a skating session must be kept to a minimum
8. The zamboni must be off the ice – and the gate closed - before skaters can enter the ice.
9. Skaters are to leave the ice promptly at the end of the session.

### CODE OF CONDUCT

1. Skaters are to use the designated dressing rooms. For security reasons, friends are to wait outside.
2. Skaters are to behave in a courteous and polite manner in all parts of the arena.
3. Notify the coach at least 24 hours in advance of lesson cancellation. Coaches will do the same.
4. Coaches are in charge while on the ice and may ask any skater to behave appropriately.

### SAFETY RULES

1. No eating food or chewing gum / candy while skating.
2. Skaters must empty their pockets of coins or other objects before going on the ice.
3. Appropriate skating attire is required for all sessions (no jeans or street clothes).
4. Hair must not interfere with vision while skating. If not short, hair is to be pinned or tied back from the face.